



**End Semester/Reappear (Semester II) Examination May 2025**

**Programme: BMLT II**

**Course: Character Building and Holistic Development of Personalit - I**

**Full Marks: 50**

**Course Code: 42 AVAC101**

**Time: 2 Hrs.**

**Enrolment no. \_\_\_\_\_**

Q.No.	Questions	CO	Bloom Taxonomy Category	Marks
<b>Section I</b>				
<b>1</b>	<b>Very short Answer type questions (50 words) : Attempt all questions.</b>			<b>10x1 =10</b>
a	Discuss the element and concept of character	CO1	Understand	<b>1x10 = 10</b>
b	Where does Ajna Chakra located ?	CO1	Understand	
c	What are the five layers of Kosha?	CO2	Remember	
d	What are the three Rules of Chanakya?	CO2	Remember	
e	What do you mean by Tridosha	CO3	Understand	
f	Discuss the word personality?	CO1	Understand	
g	Why is Yoga called the base of Human Values?	CO1	Understand	
h	Who was the father of Green Revolution?	CO3	Remember	
i	Examine the importance of Holistic development	CO3	Understand	
j	Discuss the Bhoodan Andolan.	CO2	Understand	
<b>Section II</b>				
<b>2</b>	<b>Short answer type questions : Answer any six.</b>			<b>6x3=18</b>
a	What is the source of Panch Kosha?	CO1	Remember	<b>6x3</b>
b	Explain the seven chakra of our body	CO2	Understand	
c	How to activate Anand Maya Kosha?	CO3	Understand	
d	Which kosha is the deepest level of the soul?	CO1	Remember	
e	How Vijnana Maya Kosha Transform Our Lives?	CO3	Understand	
f	Elaborate the components of Holistic Development	CO1	Analyze	
g	Discuss the Patanjali Yoga sutra.	CO1	Remember	
h	Define the benefits of Vijnana Maya kosha?	CO2	Understand	
i	Which Kosha is called Universal consciousness?	CO1	Understand	
<b>Section III</b>				
<b>3</b>	<b>Short answer type questions : Answer any two.</b>			
a	What are the four functions of intellectual cognitive development?	CO2	Understand	<b>2x4 = 8</b>
b	Describe the Indian concept of Personality?	CO1	Analyze	
c	Explain the Yoga poses for Vijnana Maya Kosha.	CO3	Evaluate	
d	What is the benefit of Manomaya kosha?	CO2	Understand	
<b>Section IV</b>				
<b>4</b>	<b>Short Essay writing type : Answer any two.</b>			
a.	Why Sardar Vallabha Bhai Patel called Iron Man of India?	CO3	Understand	<b>2x7</b>
b.	J.C Bose had invented several sensitive instruments. Name a sensitive instrument invented by Bose. What is its use?	CO2	Remember	
c.	Write a short essay on Rani Lakshmi Bai Contributions in Indian Freedom Struggle.	CO2	Understand	
d.	Who is Binoba Bhave? Explain the Bhoodan and Sarvodaya movement?	CO2	Understand	

### COURSE OUTCOME

**At the end of course, candidate will able to**

CO1: Develop a good understanding of intellectual development

CO2: Adapt the concept of constructive roles.

CO3: Analyze the understanding of spiritual and holistic development.

CO4: Correlate the importance of world as a family and enable them to intellectual and holistic development